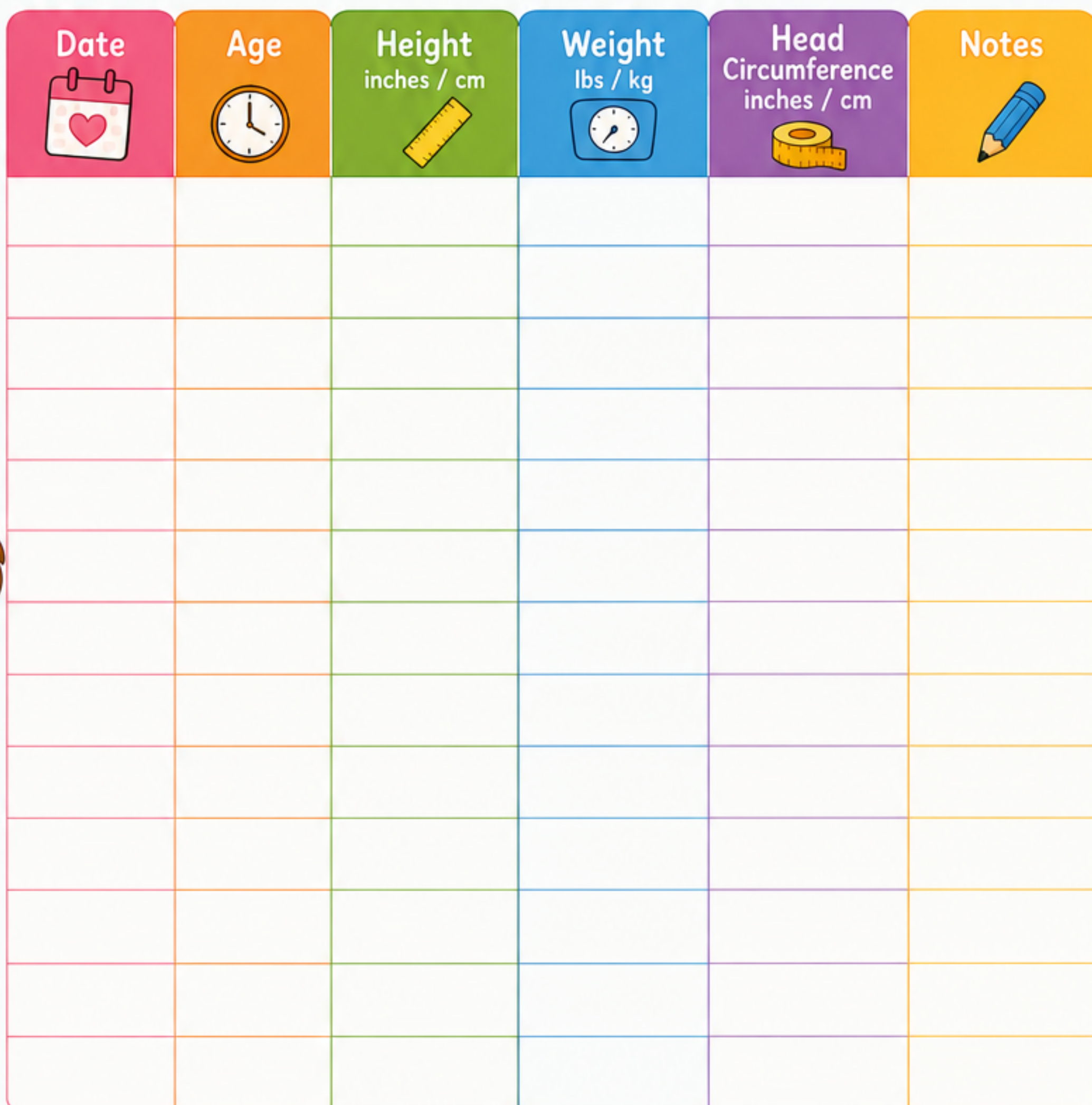




**I am growing strong  
and healthy every day!**

**My Name:** \_\_\_\_\_ **Birthday:** \_\_\_\_\_



## I AM GROWING...

- Stronger
- Taller
- Smarter
- Kinder
- Every day!

LOOK HOW FAR  
I'VE COME!

Date Started: \_\_\_\_\_

Starting Height: \_\_\_\_\_

Starting Weight: \_\_\_\_\_

**MY GOAL:**

I will reach my goal by:



💖 I may be small now, but I'm growing big dreams! 🌟